

Tar Heel Citizen Times – February 2014

The Tar Heel Citizen Times is sent as an e-newsletter; for a copy of the February 2014 issue, please see below.

The Tar Heel Citizen Times

Brought to you by The Town of Chapel Hill & The University of North Carolina at Chapel Hill
February 2014 Issue



Have questions? Reach out to us here:
goodneighbor@townofchapelhill.org

Find out more about living off campus here:
<http://offcampus.unc.edu>
<http://www.townofchapelhill.org/offcampus>

Don't know when to take your trash out? Need a residential parking permit? If you need answers to questions like these, you are living off campus. Whether you are a new or long term resident of a Chapel Hill neighborhood, you will find helpful information in the Tar Heel Citizen Times newsletter!

The Tar Heel Citizen Times provides news and information, and Town and University rules, all especially geared to students who are residents of neighborhoods. The newsletter also provides job and volunteer opportunities, so be sure to check out this month's edition and past issues at:
www.townofchapelhill.org/index.aspx?page=2021

Throwing a Party?

Remember these tips if you are throwing a party!

Notify your neighbors about the party. If they are informed, they are much more likely to feel respected, to be prepared, and to be willing to work with you.

Make a plan for parking and be sure that people know it.

Encourage people to walk, carpool, or take the bus to decrease congestion and the risk of impaired drivers.

Did you make a New Year's Resolution to become more involved in your community? Or do you find yourself with some time on your hands?

Then check out these ways to be active and get involved!

Carolina Center for Public Service

Launched in 2003, the Public Service Scholars (PSS) program provides a framework for undergraduate students who want to strengthen and maintain their commitment to serving communities throughout North Carolina, the nation and the world.

PSS encourages students to learn about and practice public service and engagement beyond the scope of traditional volunteerism, including organizational service, policy and advocacy work, fundraising and philanthropy.

The program is open to all full-time undergraduate students with at least four semesters remaining at Carolina. For more information visit:
<http://ccps.unc.edu/>

APPLES Service Learning Program

APPLES is a student-led program that builds sustainable, service-learning partnerships among students, faculty and communities in North Carolina and beyond. By engaging all partners in an enriched, community-based curriculum, APPLES experiential programs foster socially aware and civically involved students. Learn more at: <http://ccps.unc.edu/apples/>

Campus Y

The Campus Y is a leader in on-campus discussion and dialogue and off-

Clean up after the party, and make sure there is no trash left outside, especially on your neighbors' lawns.

If you're having a band, contact the Chapel Hill Police Department at least one week in advance to apply for a permit which is required for exceptions to the Noise Ordinance. Contact: Flora Parrish at 919-968-2760

If you live in a neighborhood and friends are visiting, when they leave, remind them to be quiet and to treat your neighborhood with respect as they make their way home.

Notify Chapel Hill Parking Services at 919-932-2912, particularly in neighborhoods with residential permit restrictions; they can provide help about how/where to park.

Obey local and state laws and ordinances regarding alcohol.

Most importantly, keep the noise down!



Taxis Tips!

Taxi stands are located at bus stops near the Carolina Coffee Shop on the 100 block of Franklin Street and near the Chapel Hill News on the 500 block of Franklin Street. Taxis can park in these locations when buses are not in service, from 11:30 p.m. to 4 a.m.

Taxis in Chapel Hill charge a flat rate between \$6 to \$8 for an area that extends to a 1-1/2 mile radius around the Chapel Hill Central Business District which includes most of the main UNC campus and runs from north of Rosemary Street up to North Estes Drive. The western edge of the zone ends at the Carrboro city limit.

Trips that originate and terminate in the flat rate zone and cross over both Franklin and Rosemary Streets are subject to the "cross over" fee which factors in short distance fares within the flat rate zone.

campus service and activism. The Y hosts a variety of diverse committees that focus on a social justice issue. The topics of our committees range from mentoring local elementary school children to advocating criminal justice awareness. For more information about the Y's committees, visit <http://campus-y.unc.edu/>

Join us at a Northside and Pine Knolls Neighborhood Outreach Meetings!

Neighborhood Outreach Meetings are held every second Tuesday of the month from 6:00-7:00pm at the Hargraves Community Center, 216 North Roberson Street, Chapel Hill. *The next meeting will be held on February 11th.* All community members, including permanent residents and students, are invited to attend! Refreshments will be provided.

The Neighborhood Outreach Meetings provide a time for residents to come together and discuss issues that are concerning the neighborhood and to grow together as a community.

For more information, please contact EmPOWERment, Inc., at 919-967-8779.

What's the Jackson Center? Learn All About It!

The Jackson Center is a public history and community development center in the historic Northside Community of Chapel Hill. Located directly next to St. Joseph's Church on the corner of Rosemary St. and Roberson St., the Jackson Center is dedicated to preserving the deep history of our community, and engaging current residents in understanding and celebrating it!

In the words of our namesake Ms. Marian Cheek Jackson, "without the past you have no future." The Jackson Center is dedicated to bringing those words to life through listening to the stories of our neighbors and friends and creating new ones in the process.

Whether you're looking to meet more of your neighbors, learn more about your neighborhood, or give back to your community, there are plenty of ways to get involved in the Northside Neighborhood through the Jackson Center and partners. Below are just a few examples. Please contact us if you have any questions!

- Help repair a neighbor's home with Habitat for Humanity's "A Brush with Kindness."
- Volunteer any day of the week with Heavenly Groceries, a neighborhood food distribution organization that provides food for over 5000 community members monthly.
- Learn about the local civil rights movement that started in this neighborhood, and the ways many of your neighbors were involved in civil rights action through the Jackson Center's history exhibits.

For more information about the Jackson Center, visit www.jacksoncenter.info/

10 Tips to a Better Resume!

In a competitive job market, candidates need to do all they can to stand out from the crowd. While one cannot overlook the importance of networking, having a résumé that goes "above and beyond" will go a long way to helping you achieve your career goals. With that in mind, here is a top 10 "must do" list to help you get there.

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Need a ride? Hop on the bus!

The Chapel Hill Transit System is free for all users and has many stops on campus. Check out the real time bus schedules at townofchapelhill.org/transit

1. **Proofread, proofread, and proofread.** Although a typographical error may seem benign, these errors imply a lack of attention to detail and will provide a hiring manager the opportunity to give you a big, red “NO.”
2. **Don’t write in complete sentences.** Use sentence fragments to highlight your experiences.
3. **Focus on your skills and accomplishments in your bullets.** When composing a resume, many make the mistake of focusing on their tasks rather than the skills that helped them accomplish those tasks. So, start your bullets with skills-based action verbs.
4. **Customize your resume for each job opportunity.** Ask yourself what skills are most needed for the position to which you are applying, and then highlight your best examples of those skills in your bullets.
5. **Consider your experience more broadly.** It’s common to focus on paid experiences. But, often transferrable skills have been used in other settings, such as community service or professional volunteerism. Don’t overlook the opportunity to shine a light on these experiences if they help demonstrate appropriate skill sets.
6. **Don’t include a photo or other graphics.** While it may be tempting to “jazz it up,” including photos or graphics will likely result in immediate dismissal of your document in most industries.
7. **Keep it black and white.** It may be tempting to use color in your document. While some creative fields may appreciate this approach, many more will not. So, know your audience.
8. **Objectives, references, personal activities and skills.** None of these sections are mandatory, and in fact may distract from the most important part of your document - your past experiences. So, use them on a selective, strategic basis.
9. **Quantify whenever possible.** Strengthen your accomplishment statements and provide a sense of scale and scope by quantifying things. “Increased sales by 10%” is more relatable than “Increased sales.”
10. **Proofread, proofread, and proofread.** Yes, this was also number one on the list. But, it’s just that important. Have multiple people read your document so that it is error free!

HealthyHeels

As you look out your window from your comfortable couch, wrapped in a blanket, watching the rain come down on a dreary 40 degree February day, the last thing you want to do is go for a run, head to the gym, or jump on your bike. A few pounds heavier from the holidays, and jaded by the freezing cold days and an abundance of gray throughout the winter, the motivation is lacking. So what is one to do, to break out of the funk? Glad you asked!

It may be hard to pull yourself away from wherever you are in Game of Thrones on HBO Go, but once you do, it is worth it. A walk or run in the woods of [Carolina North Forest](http://carolinanorthforest.unc.edu) as the rain softly falls and your breath rises to meet the drops is delightful. You are alone with your thoughts. The only sound you hear is water splattering on a cover of leaves and Bolin Creek rushing by. You are bound to come across at least one group of the infamous Carrboro deer, and the tranquility and connection to nature so close to Carrboro and Chapel Hill is unmatched in most towns. If you have not been in the Carolina North Forest, you need to go! It has tons of running and biking trails and lots of wildlife.

Check out a map of the east forest <http://carolinanorthforest.unc.edu/Portals/CNF/Documents/DwnldEast.pdf> You can also check them out on Facebook at <https://www.facebook.com/pages/Carolina-North-Forest/179464238759273>

But I know this may not appeal to all of you, so you jump on the internet. Rain in Carrboro could mean snow in the mountains, and the chance to go skiing or

Town Regulation Reminders

Please be aware of several Town of Chapel Hill regulations that may impact you and your roommates:

- No more than **four** unrelated people can reside in a single-family house or four unrelated people per side of a duplex.
- Be sure that your **parking areas are clearly defined** by an all-weather surface or gravel and that the parking area only takes up 40% of your front yard.
- Roll your garbage bin out to the curb by 6 am and remove by 7 pm on trash collection days (check with your landlord or the Town’s website for your trash collection day).

And a couple of helpful hints...

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snowboarding. Google maps tells us that Chapel Hill residents are exactly 3 hours drive time to [Sugar Mountain](#), and [Beech Mountain](#) is right next door. Other resorts, in North Carolina include, [Cataloochee](#), [Sapphire Valley](#), [Appalachian](#), and [Wolfe Ridge](#). Additionally, an organization called [Slope and Sail Tours](#) offers day trips to [Wintergreen Resort](#) in Virginia and [Snowshoe Resort](#) in West Virginia and they have pick-up locations in both Raleigh and Chapel Hill. What if you have never been skiing? No problem: lessons are available at all the resorts. Here is your chance to start, and rather than telling people about your boring weekend of sitting around, avoiding school work, you can tell people about your awesome first skiing or snowboarding experience.

But maybe you are more of the cardiovascular type, like I am. The weather is not very conducive to road biking on a cold wet winter's day but there are other options. There is also cross country skiing in North Carolina, and there is no better workout or more enjoyable way to be in the woods in the winter than cross country skiing. What is cross country skiing you might ask? It is like [walking on skis](#) and is not very hard at all. During the winter you can ski in Great Smoky Mountain National Park on park roads that are closed, and Roan Mountain State park and Moses Cone Memorial Park are two other options. Another great option is skiing on the Blue Ridge Parkway. Many sections are closed for the whole winter and when it snows it makes a great track to cross country ski on. More resources can be found at <http://www.skisoutheast.com/cross-country-skiing-north-carolina.php>.

Get out and enjoy the cold weather! You will be glad you did, and if you aren't at least you will have a good story to tell.

Volunteer Opportunity

Volunteers are needed for the 25th Dixie Rock Climbing Competition!

Date and Location: March 28 & 29, 2014 at the Chapel Hill Community Center

Belayers, judges, scorekeepers, runners (flexible), booth hosts (registration, t-shirts), and isolation hosts are all needed!

For more information, go to www.townofchapelhill.org/dixierock or <https://www.facebook.com/events/186080274930268/>

- Contact Public Works at 919-969-5100 to schedule a pick-up of furniture, appliances and other bulky items.
- Lock all doors and windows in your house and car, especially when out of town.

Also, if you live in the Northside or Pine Knolls neighborhoods be aware that a maximum of four cars are allowed to be parked on a lot (includes parking in the side and back yard). Owners of duplexes and triplexes may apply to the Planning Board for an exception to this regulation to allow up to six cars on a lot.

The Town has increased enforcement of these and other regulations. If a property is found to be in violation, the Town could seek formal action that could include fines of up to \$100 per day until the violation is corrected.

For more information, please visit the Town's Off-Campus Student Life Webpage: www.townofchapelhill.org/offcampus or contact the Chapel Hill Planning Department at ncd@townofchapelhill.org.

If you are a University student and have questions about your lease, you can contact **Student Legal Services** for assistance. For more information, visit: www.unc.edu/student/orgs/sls/legal



thrive
Campus Health Services

Campus Health Corner

Travelling or studying abroad?

Make an appointment with the International Travel Clinic at Campus Health Services. Topics covered include destination specific information such as drinking water, sanitation, insect-borne disease, driving conditions, personal security as well as recommended and required immunizations.

Clinics are offered each week this semester on Wednesdays from 12:30-1:30 and Thursdays from 2-3 (if you have class during both of those times, find other options at the website below).

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Immunizations are provided at the end of the travel clinic appointment. Schedule your travel clinic appointment as soon as you know your plans, ideally several months ahead of time.

To learn more, visit:

<http://campushealth.unc.edu/services/travel-health/international-travel-clinic.html>