



# CRISIS UNIT | 919-968-2806



The Chapel Hill Police Crisis Unit is a 24-hour co-responder team that provides onsite emergency response with officers to people in crisis situations.

## COMMUNITY PARTNERS

### **Housing Helpline – 919-245-2655**

Call Homeless Info Line 919-245-2655, 10am-4pm to speak with a person. For information about cold weather cots available when the temperature is projected to be 39 degrees or below, press 2 for men and press 3 for women.

### **Street Outreach, Harm Reduction, and Deflection Program (SOHRAD) – Phone: 919-886-3351, Cell: 919-748-2625**

The Street Outreach, Harm Reduction and Deflection (SOHRAD) program connects people experiencing homelessness in Orange County with housing and services.

### **Community Empowerment Fund (CEF) - 919-200-0233**

Savings opportunities, bank accounts, one-on-one employment assistance, financial education, connection to other needed services; 208 N. Columbia St., Ste. 100, Chapel Hill; Accessible from most Chapel Hill Transit routes M-F 9am-5pm, Thursday 5pm-7pm.

### **Orange County Department of Social Services - (919) 245-2800**

The Orange County Department of Social Services exists to provide protection to vulnerable children and adults, economic support to low-income individuals and families in crisis, and intervention services to at-risk persons residing in Orange County. The agency is the access point for most state and federal human services programs; 113 Mayo St., Hillsborough, NC 27278; 2501 Homestead Road, Chapel Hill; M-F 8am-5pm.

### **Orange County Health Department – Main: 919-245-2400, Dental: 919-945-2435**

Health, dental & mental health services; 300 W Tryon St., Hillsborough; 2501 Homestead Rd., Chapel Hill; M-Th 8am-5pm, F 8am-12pm

### **Freedom House Recovery Center/Orange-Person County Mobile Crisis - 919-967-8844**

Walk-in crisis and detox, residential and outpatient mental health, substance use treatment for adults and children at 104 New Stateside Dr., Chapel Hill.

### **UNC Counseling and Psychological Services (CAPS) - 919-966-3658**

Addresses the mental health needs of a diverse student body through timely access to consultation and connection to clinically appropriate services; James A. Taylor Building, CB# 7470, 320 Emergency Room Drive, Chapel Hill, NC 27599; caps@unc.edu.

### **988 Suicide & Crisis Lifeline - Dial 988**

The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.

### **Alliance Orange County - 800-510-9132**

24-hour Care Access Line for people who use Medicaid and those who do not have insurance.



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### **NAMI Orange County - 1-800-950-NAMI (6264)**

This is an organization of families, friends and individuals whose lives have been affected by mental illness. Together, we advocate for better lives for those individuals who have a mental illness. NAMIHelpLine is available M - F, 10 a.m. – 10 p.m.

### **LGBTQ Center of Durham - <https://www.lgbtqcenterofdurham.org/mental-health/>**

Online guide to therapists.

### **Veterans Crisis Line - 1-800-273-8255**

24/7 confidential crisis support for Veterans and their loved ones. You don't have to be enrolled in VA benefits or health care to connect.

### **Duke Hospice Unicorn Bereavement Center - 919-620-3853**

Support for those who are coping with the loss of a loved one. They offer short-term individual grief counseling, support groups, and grief workshops, as well as programs tailored for children and teens.

### **El Futuro - 919-688-7101 ext. 600**

Mental health/substance use treatment and services for Latinos; available M, W-F, 9 a.m.-5 p.m., Tu, 9 a.m. - 7 p.m. at 136 E. Chapel Hill St., Durham

### **Healing Transitions - 919-838-9800**

Substance use treatment; available M - F 8 a.m. - 5 p.m. at Women's Campus: 3304 Glen Royal Rd., Raleigh; Men's Campus: 1251 Goode St., Raleigh

### **Orange County Rape Crisis Center (OCRCC) - 866-WE LISTEN or 919-967-7273**

The mission of the OCRCC is to stop sexual violence and its impact through support, education and advocacy. Services include 24-hour helplines; support groups; free, short-term trauma-informed therapy; advocacy; resources and education and outreach.

### **Compass Center for Women and Families - 919-929-7122**

Helps all people navigate their journey to self-sufficiency, safety and health. Services include career and financial education, domestic violence crisis and prevention programs, assistance with legal resources and youth health programs.

### **Inter-Faith Council for Social Services - 919-929-6380**

Shelter and housing services; Community Kitchen (110 W. Main St., Carrboro) meals offered M-F 11:15am-12:30pm and 5:15pm-6pm, Sat. and Sun. 11:15am - 12pm; food pantry; and emergency financial assistance.